

Your child's flu vaccine

What to expect:



From September children with learning difficulties and special needs can get the flu vaccine.

The flu vaccine is a very quick spray in each nostril or an injection in your arm.



The flu vaccine will help to stop you from getting sick with the flu. It also helps to stop you passing the flu onto other people like your parents or grandparents.

The flu vaccine will be done by a nurse. If you have not had the vaccine before you can speak to the nurse and ask them any questions.



After you have the flu vaccine, some children might:

- Feel a little bit hot
- Have a runny nose if you had the spray in your nose
- Feel a little bit of pain in your arm where if you had the injection
- Feel some pain in other parts of your body

If you do not feel well after the flu vaccine, you will start to feel better in a few days.



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www.schoolvaccination.uk